COURSE DESCRIPTION

This course seeks to develop spiritual formation by studying the historical development and content of spiritual theology and leadership, focusing particularly on the resources of the Anglican tradition and its relationship with the broader Biblical, historical, and ecumenical context.

We will explore the integration of the Anglican spiritual tradition and practical theology. The course concerns both the individual's spiritual life and the special responsibilities of the ordained person for assisting in the spiritual development of others. Consequently, the course contains both academic and experiential elements meant not only to foster in participants an *intellectus fidei* (a faithful understanding), but also to assist in developing a *habitus fidei* (a faithful character) that is embodied in a personalized *praxis fidei* (a faithful practice).

COURSE OBJECTIVES

The primary goal of the course is to become acquainted with the breadth and riches of the Anglican spiritual tradition in order to use them personally and in ministry.

Participants in this course will:

- Become more deeply familiar with the major figures and traditions of Anglican spirituality
- Learn and practice a selection of spiritual disciplines
- Continue their preparation to exercise a ministry of spiritual leadership
- Reflect upon their spiritual lives and communicate spiritual experience with clarity
- Describe the biblical foundations of spirituality and describe its development in the Anglican tradition
- Name and describe the contributions of major figures in the history of Anglican spirituality
- Define terms commonly used in ascetical theology
- Articulate the responsibilities of the ordained person for the cure of souls and begin/continue the process of conforming to Christ that will enable one to serve in this ministry
READING

Required Books

Richard Schmidt, *Glorious Companions: Five Centuries of Anglican Spirituality* (360 pages)


Michael Ramsey, *Be Still and Know: A Study in the Life of Prayer* (128 pages)

Recommended


Required Chapters and Articles

Ashley Null, “Introduction” and “Conclusion” in *Thomas Cranmer’s Doctrine of Repentance: Renewing the Power to Love* (electronic version provided)


Ashley Null, “Thomas Cranmer and the Anglican Way of Reading of Scripture,” *Anglican and Episcopal History* 75 (2006), 488-526 (electronic version provided)

Evelyn Underhill, “A Letter from Evelyn Underhill to Archbishop Lang of Canterbury”

Sarah Coakley, “Can Systematic Theology Become ‘Pastoral’ Again and Pastoral Theology ‘Theological’?”

Mark Galli, “Spirituality for All the Wrong Reasons: An Interview with Eugene Peterson”

Kristen Deede Johnson, “Are We Missing the Point of Spiritual Disciplines?”


Paul F. M. Zahl, “Bible-Based Verticality” in Exploring the Worship Spectrum, eds., Paul E. Engle and Paul A. Basden (electronic version provided)


Bryan Chapell, “Obligations of the Sermon” (electronic version provided)

Bryan Chapell, “The Practice of Application” (electronic version provided)

Bryan Chapell, “A Redemptive Approach to Preaching” (electronic version provided)

Bryan Chappell, “Preaching the Power of Grace” (electronic version provided)

Herman Ridderbos, “The New Obedience” (electronic version provided)

Chuck DeGroat, “Growing into Leadership Maturity: Self-Care and the Art of Shadow Boxing” (electronic version provided)
ASSIGNMENTS

1. Personal Rule of Life (20%)

Prepare a personalized rule of life (3-4 pages total). The rule should address the following issues (1-2 pages):

- Devotional life
- Holy Communion
- Personal prayer
- Confession
- Spiritual direction
- Fasting
- Bible reading
- Study
- Generosity
- Retreats
- Service
- Recreation
- Rest
- Hospitality
- Finances
- Relationships
- Health
- Family

Prepare a brief rationale (1-2 pages) that explains the decisions you made in constructing your rule of life.

2. Reading Report (20% total: 5% for each report)

For four of the five required books (omitting Schmidt), write a 750-word reading report, summarizing the substance of the book and the student’s perception of its application to ministry.

3. Paper #1 (25%)

Write a 1,000-word paper about a figure of Anglican spirituality. You may chose from Schmidt book, the list below, or another figure not listed.

Suggested Anglican figures (and their death years, most of them taken from the lesser feasts and fasts of the Book of Common Prayer):

- Nicolas Ferrar, Deacon, 1637
- William Laud, Archbishop of Canterbury, 1645
- George Herbert, Priest, 1633
- Charles Wesley, Priest, 1788
- John Wesley, Priest, 1791
- Patrick, Bishop and Missionary of Ireland, 461
- Cuthbert, Bishop of Lindisfarne, 687
- Thomas Ken, Bishop of Bath and Wells, 1711
- James De Koven, Priest, 1879
- John Keble, Priest, 1866
- John Donne, Priest, 1631
- William Augustus Muhlenberg, Priest, 1877
- William Law, Priest, 1761
- Dame Julian of Norwich, 1417
- Dunstan, Archbishop of Canterbury, 988
- Columba, Abbot of Iona, 597
- Evelyn Underhill, Spiritual Theologian, 1941
- John Mason Neale, Priest, 1866
- Jeremy Taylor, Bishop of Down, Connor, and Dromore, 2667
- Aidan, Bishop of Lindisfarne, 651
- Lancelot Andrewes, Bishop of Winchester, 1626
- Thomas Cranmer, Archbishop of Canterbury, 1556
- Richard Hooker, Priest, 1600
- Martin Thornton, Priest, 1986
- Richard Rolle, Priest
- Walter Hilton, Priest
- Kenneth E. Kirk, Priest
- C.S. Lewis, lay theologian
- E.B. Pusey, Priest, 1882
- The Venerable Bede, Priest, 735
- Alcuin, Priest, 804
- Richard Hooker, Priest, 1600
- John Herbert Hobart, Bishop of New York, 1830
- Richard Meux Benson, Priest and Monk, 1915
- Dom Gregory Dix, 1952
- Bonnell Spencer, Priest

4. Paper #2 (35%)

Write a 1,500-word paper on an historical or theological Anglican spiritual theological topic.
Bibliography for Further Study

Anglican Spirituality Introductions, Anthologies and Surveys


Black, Vicki K. Black. Welcome to the Anglican Spiritual Traditions


Lowry, Charles W. *The Trinity and Christian Devotion*. Harper and Brothers, 1946. (Beautiful consideration of the unity between doctrine and spirituality.)


Westerhoff, John. *Living Faithfully as Prayer Book People*


The Paulist Press series, “The Classics of Western Spirituality” has several useful volumes of primary sources and learned introductions to figures that play in the tradition:


*John and Charles Wesley: Selected Writings and Hymns.*